



Understanding Autism

for Parents and Carers of
Teenagers

This **free** training day will help parents and carers to increase their understanding of autism and learn practical strategies to:

- Improve communication
- Recognise and respond to sensory needs
- Help your teenager understand puberty
- Support through teenage years

19th November 2018
10am - 4pm

Pembrokeshire Archives
Prendergast
Haverfordwest
SA61 2PE

Places are limited
To apply for you free place, or to find out more please email:
Jo@Auspicious.Wales